


Seniors 60 and older—Suggested Donation of \$3.00
Individuals under 60 years of age—Charge \$6.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Turkey & Provolone Sandwich 1 Bread, Mustard and Mayo Lettuce, Tomato and Pickle Potato Salad Carrot, Celery and Olives Pineapple Upside Down Cake	Tuna Cheddar Pie / Cheese Sauce 2 Sweet Potatoes Buttered Broccoli Watergate Salad Cherry Crisp (No Roll)	Baked Ham / Orange Sauce 3 Baked Potato / Sour Cream Green Beans with Mushrooms Pear Half/Whipped Topping/Almonds Lemon Cream Pudding Dinner Roll	Hot Chicken Pattie Sandwich 4 Cheese, Bun, Mustard & Mayo Lettuce, Tomato & Pickles Baked Beans Buttered Spinach with Lemon Lorna Doone Cookies	Chicken Enchilada 5 Spanish Rice Refried Beans Shredded Lettuce & Diced Tomatoes Chilled Peaches Cinnamon Churro
Pork Cubes in Mushroom Gravy 8 Noodles Oregon Vegetables Chilled Apricots Oatmeal Chocolate Chip Cookie Whole Wheat Roll	Turkey Chop Suey 9 Steamed Rice Oriental Vegetables Mandarin Oranges Fortune Cookie Coffee Cake	Knit Steak / Gravy 10 Whipped Potatoes California Blend Vegetables Red and White Coleslaw Strawberry Shortcake Potato Roll	Lasagna 11 Brussel Sprouts Carrot Raisin Salad Tropical Fruit Cup Garlic Roll	Tavern Battered Pollock 12 Tartar Sauce English Chips Cauliflower with Pimento Beet & Egg Salad Apple Crisp with Topping Dilly Roll
Market Bean Soup 15 Country Vegetables Cottage Cheese and Peach Salad Coconut Cream Pie Poppy Seed Roll	Roast Beef Gravy 16 Whipped Potatoes Spinach with Lemon Chilled Mandarin Oranges Iced Brownie Dinner Roll	Chicken San Remo 17 Baked Potato / Sour Cream Broccoli with Diced Red Peppers Tossed Salad with Dressing Iced Pumpkin Bar Blueberry Muffin	Salisbury Steak / Gravy 18 Whipped Potatoes Mexicali Corn Coleslaw Chilled Pineapple Dinner Roll	Lemon Peppered Fish 19 Tartar Sauce Funeral Potatoes Harvard Beets Cran Apple Salad Fruit Shortcake Ranch Roll
Turkey Salisbury Steak 22 Whipped Potatoes / Gravy Capri Vegetables Emerald Pear Salad Apple Pie Whole Wheat Roll	Beef Stroganoff 23 Noodles Carrots & Celery Pineapple & Apricot/Yogurt Dressing Ice Cream Dinner Roll	Chicken Cordon Bleu / Gravy 24 Sweet Potatoes Green Beans with Onions Cranberry Fluff Tapioca Pudding with Peaches Buttermilk Biscuit	Fish Sticks / Tartar Sauce 25 Macaroni and Cheese Brussel Sprouts Apple Coleslaw Fresh Fruit in Season Cornbread Muffin	Bacon Cheese Burger on Bun 26 Mustard & Ketchup Lettuce, Tomato & Pickles Tater Tots Mexicali Corn Fruit Cup
 29	Rigatoni with Meat Sauce 30 Parmesan Cheese Italian Vegetables Tossed Salad/Croutons Dressing Peach Cobbler Garlic Roll	Sweet and Sour Pork 31 Steamed Rice Broccoli with Lemon Butter Applesauce Gelatin Oreo Cookies Orange Roll	Weber Senior Nutrition Program 1176 W. 3300 S. Ogden Utah 801-399-8392 Milk Offered Daily Menu Subject To Change Without Notice	