

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>2016</p>	1 8:30 Ceramics 9:00 Manicures \$5.00 10:00 R.A.S.A. Meeting 11:30 Lunch 12:00 BINGO BY CHANCELLOR GARDENS	2 8:30 Ceramics 9:00 Alzheimer's Respite 10:00 Yoga */ Crochet 11:30 Lunch 12:15 Bridge	3 8:30 Blood pressure 9:00 Tai Chi 9:00 Crocheting 9:00 Oil Painting 10:00 TEA-TIME WITH FRIENDS 11:30 Lunch Fraud prevention & volunteers 12:00 Cards	4 9:00 Arthritis Exercise class 10:00 Coffee with our friends 11:30 Lunch
7 8:30 Lapidary & Silversmith 9:00 Oil Painting 9:00 Cards 12:30 Line dancing 1:00 Card Making 4:00 Out to eat Bunch	8 8:30 Ceramics 9:00 Manicures \$5.00 11:30 Lunch & H.C.N.U. HOSPICE ILENE WOOD (Speaker)	9 8:30 Ceramics 9:00 Alzheimer's Respite 10:00 Yoga */ Crochet 11:30 Lunch LINDA HAMMER PIANO! 12:15 Bridge	10 8:30 Blood pressure 9:00 Tai Chi 9:00 Crocheting 9:00 Oil Painting 10:00 TEA-TIME WITH FRIENDS 11:30 Lunch ADVANCE DIRECTIVES 12:00 Cards	11 9:00 Arthritis Exercise class 10:00 Coffee with our friends 11:30 Lunch
14 8:30 Lapidary & Silversmith 9:00 Oil Painting 9:00 Cards 12:30 Line dancing 1:00 Card Making 4:00 Out to eat Bunch Last day to sign up for Saint Patrick's lunch	15 8:30 Ceramics 9:00 Manicures \$5.00 11:30 Lunch CENTER CLOSED EARLY STAFF MEETING	16 8:30 Ceramics 9:00 Alzheimer's Respite 10:00 Yoga */ Crochet 11:30 Lunch: GAR ASHBY ON STAGE! 12:15 Bridge 12:30 BINGO BY LEGACY HOUSE	17 8:30 Blood pressure 9:00 Tai Chi 9:00 Oil Painting & Crocheting 10:00 TEA-TIME 12:00 Foot Clinic \$10.00 (Kathy) 12:00 Card 1:00 Attorney (By Appointment) 	18 9:00 Arthritis Exercise class 10:00 Coffee with our friends 11:30 Lunch
21 8:30 Lapidary & Silversmith 9:00 Oil Painting 9:00 Cards 12:30 Line dancing 1:00 Card Making 4:00 Out to eat Bunch	22 8:30 Ceramics 9:00 Manicures \$5.00 11:30 Lunch	23 8:30 Ceramics 9:00 Alzheimer's Respite 10:00 Yoga */ Crochet 11:30 Lunch STAMPED ON STAGE 12:15 Bridge	24 8:30 Blood pressure 9:00 Tai Chi 9:00 Oil Painting & Crocheting 10:00 TEA-TIME WENDOVER TRIP 12:00 Card Last day to sign up for Easter lunch	25 9:00 Arthritis Exercise class 10:00 Coffee with our friends 11:30 Lunch
28 8:30 Lapidary & Silversmith 9:00 Oil Painting 9:00 Cards 11:30 Lunch EASTER DINNER 12:30 Line dancing 1:00 Card Making 4:00 Out to eat Bunch 	29 8:30 Ceramics 9:00 Manicures \$5.00 11:30 Lunch 11:30 SPEAKER STATE OF UTAH LOW VISION SERVICES	30 8:30 Ceramics 9:00 Alzheimer's Respite 10:00 Yoga */ Crochet 11:30 Lunch 12:15 Bridge	31 8:30 Blood pressure 9:00 Tai Chi 9:00 Crocheting 9:00 Oil Painting 10:00 TEA-TIME WITH FRIENDS 11:30 Lunch MILES ON PIANO 12:00 Cards 12:15 BINGO THATCHER BROOK	ROY HILLSIDE SENIOR CENTER 5051 South 1900 West Roy, Utah 84067 801-773-0860 Please check with the front desk. We add new things daily.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Chicken A La King 1 Rice Corn and Lima Beans Cottage Cheese with Peaches Iced Chocolate Nut Brownie Dinner Roll	Baked Tilapia / Tartar Sauce 2 Macaroni & Cheese Stewed Tomatoes Mixed Fruit Salad Cherry Tapioca Cream Pudding Cornmeal Roll	Turkey Broccoli Divan / Gravy 3 Yams Cranberry Gelatin Salad Oatmeal Raisin Cookie Ranch Roll	Baked Ham 4 Scalloped Potatoes Cabbage with Shredded Carrots Fresh Fruit Iced Marble Cake Cheese Bread Roll
Roast Turkey 7 Whipped Potatoes and Gravy Cinnamon Squash Pear and Cranberry Salad Cherry Cheese Cake Dinner Roll	Tuna Noodle Casserole 8 With Grated Cheese Peas and Carrots Beet and Egg Salad Coconut Cream Pudding Sweet Potato Roll	Pork Cube Stroganoff 9 Whole Potatoes Green Beans with Diced Red Peppers Mixed Fruit Salad Lemon Cream Pie Whole Wheat Roll	Baked Chicken with a Cajun Honey Glaze Hoppin' John Rice Caribbean Vegetables Tossed Salad/Sunflower Seeds and Dressing Ambrosia Fruit Salad Coffee Cake	Cheeseburger / Bun 11 Mustard & Ketchup Swiss Potato Kugel Lettuce, Tomato, Onion & Pickle Fruited Gelatin Salad Fresh Apple
Seafood Gumbo 14 Steamed Rice Buttered Corn Cottage Cheese with Fruit Butterscotch Bar Herb Roll	Knit Steak 15 With Tomato Beef Gravy Whipped Potatoes Hacienda Green Beans Tossed Salad/Croutons/Dressing Fruit Cocktail Delight Dinner Roll	Pork Chop Supreme 16 Buttered Yams Broccoli and Shredded Carrots Cucumber & Tomato Salad with Dressing Pineapple Pistachio Dessert Dinner Roll	Irish Corned Beef 17 Pot O' Gold Potatoes Seasoned Cabbage with Shredded Carrots Shamrock Lime & Pear Salad Leprechaun Cookie Dilly Roll	Breaded Chicken Cutlet / Gravy 18 Baked Potato Casserole Harvard Beets Watergate Salad Rice Krispy Treat Whole Wheat Roll
Hearty Hamburger Soup 21 Seasoned Whole Potatoes Sunshine Gelatin Salad Chocolate Cream Pudding Whole Wheat Roll	Chili Dog / Hot Dog Bun 22 Tatar Tots Grated Cheese Glazed Carrots Mandarin Orange Coleslaw Pineapple Upside Down Cake	Teriyaki Baked Chicken 23 Parslied Rice Cauliflower / Pimento Country Peas Salad Chilled Peaches Dinner Roll	Roast Pork / Gravy 24 Whipped potatoes Stewed Tomatoes Pineapple & Apricot with Yogurt Dressing Oatmeal Chocolate Chip Cookie Dinner Roll	Seafood Pie / Cheese Sauce 25 Buttered Yams Green Beans with Mushrooms Blushing Pear Gelatin Fig Newton Cookies
Honey Glazed Ham 28 Au Gratin Potatoes Corn and Diced Carrots Tossed Salad with Dressing Fresh Fruit Apple Raisin Roll	Roast Beef / Gravy 29 Whipped Potatoes Zucchini and Tomatoes Ambrosia Fruit Salad Tuxedo Cake with Chocolate Icing Dinner Roll	Turketti with Grated Cheese 30 Spinach with Lemon Wedge Cranberry Gelatin Salad Vanilla Ice Cream Dilly Roll	Stuffed Green Peppers 31 With Tomato Sauce & Grated Cheese Rice Carrifruit salad Apple Crisp with Whipped Topping Whole Wheat Roll	Weber Senior Nutrition Program 1176 W. 3300 S. Ogden UT 801-399-8392 Milk Offered Daily Menu Subject To Change