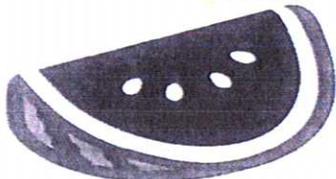


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ROY HILLSIDE SENIOR CENTER 5051 South 1900 West Roy, Utah 84067 801-773-0860 KEEP CHECKING FRONT DESK. NEW THINGS DAILY</p>	<p>June 2016 Happy Summer</p>	<p>8:30 Ceramics 9:00 Alzheimer's Respite 9:00 Yoga Floor 10:00 Yoga Chair & Crocheting 11:30 Lunch 12:15 Bridge</p>	<p>8:30 Blood pressure 9:00 Tai Chi 9:00 Oil Painting & Crocheting 10:00 TEA-TIME WITH FRIENDS 12:00 Card</p>	<p>9:00 Arthritis Exercise class 10:00 Coffee with our friends 11:30 Lunch</p>
<p>8:30 Lapidary & Silversmith 9:00 Oil Painting 9:00 Cards 12:30 Line dancing 1:00 Card Making 4:00 Out to eat Bunch</p>	<p>8:30 Ceramics 10:00 R.A.S.A. MEETING 11:30 Lunch 12:15 BINGO BY CHANCELLOR GARDENS</p>	<p>8:30 Ceramics 9:00 Alzheimer's Respite 9:00 Yoga Floor 10:00 Yoga Chair & Crocheting 11:30 Lunch ROBIN ARNOLD ON STAGE! 12:15 Bridge</p>	<p>8:30 Blood pressure 9:00 Tai Chi 9:00 Crocheting 9:00 Oil Painting 11:30 Lunch 12:00 Cards 1:00 HIGH TEA KARAOKE!!</p> 	<p>9:00 Arthritis Exercise class 10:00 Coffee with our friends 11:30 Lunch</p> <p>SHREDDING EVENT 9-11</p>
<p>8:30 Lapidary & Silversmith 9:00 Oil Painting 9:00 Cards 12:30 Line dancing 4:00 Out to eat Bunch</p>	<p>8:30 Ceramics 11:30 Lunch LINDA HAMMER ON PIANO 12:00 Colorful Conversation</p>	<p>8:30 Ceramics 9:00 Alzheimer's Respite 9:00 Yoga Floor 10:00 Yoga Chair & Crocheting 11:30 Lunch Garr will be here on the 21st **** 12:15 BINGO BY LEGACY HOUSE 12:15 Bridge</p>	<p>8:30 Blood pressure 9:00 Tai Chi 9:00 Oil Painting & Crocheting 9:30 Attorney (By Appointment) 10:00 TEA TIME 11:30 Lunch 12:00 Foot Clinic \$10.00 (Kathy)</p>	<p>CENTER CLOSED SEE YOU AT THE PICNIC SENIOR PICNIC SAND RIDGE PARK</p>
<p>8:30 Lapidary & Silversmith 9:00 Oil Painting 9:00 Cards 11:30 Lunch 12:30 Line dancing 1:00 Card Making 4:00 Out to eat Bunch</p> <p>FIRST DAY OF SUMMER</p>	<p>8:30 Ceramics 11:30 Lunch GARR ASHBY ON STAGE! 12:00 Colorful Conversation</p> <p>CENTER CLOSED EARLY STAFF MEETING</p>	<p>8:30 Ceramics 9:00 Alzheimer's Respite 9:00 Yoga Floor 10:00 Yoga Chair & Crocheting 11:30 Lunch 12:15 Bridge</p>	<p>8:30 Blood pressure 9:00 Tai Chi 9:00 Oil Painting & Crocheting 10:00 TEA TIME WITH FRIENDS 11:30 Lunch MILES ON THE PIANO 12:00 Cards 12:15 BINGO By THATCHER BROOK</p>	<p>COWBOY AND COWGIRL ROUND-UP 10:00-100 BBQ Prizes, Dancing</p>
<p>8:30 Lapidary & Silversmith 9:00 Oil Painting 9:00 Cards 11:30 Lunch 12:30 Line dancing 4:00 Out to eat Bunch</p>	<p>8:30 Ceramics 11:30 Lunch 12:00 Colorful Conversation</p>	<p>8:30 Ceramics 9:00 Alzheimer's Respite 9:00 Yoga Floor 10:00 Yoga Chair & Crocheting 11:30 Lunch 12:15 Bridge</p>	<p>8:30 Blood pressure 9:00 Tai Chi 9:00 Oil Painting & Crocheting 10:00 TEA-TIME WITH FRIENDS 11:30 Lunch 12:00 Cards</p>	<p>9:00 Arthritis Exercise class 10:00 Coffee with our friends 11:30 Lunch</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
June 2016		1 Chicken Chow Mein Parslied Rice Bu Peas with Celery Fresh Fruit in Season Iced Coconut Cake Sesame Roll	2 Roast Turkey / Gravy Stuffing Bu Mixed Vegetables Cranberry Gelatin Salad Iced Peanut Butter Brownie Dinner Roll	3 Crab Salad / Tomato Wedges Lettuce / Hard Boiled Egg Pasta Salad Melon Slice Cherry Cottage Cake Bran Muffin
6 Teriyaki Chicken Brown Rice Oriental Vegetables Lime Pear Gelatin Chilled Mandarin Oranges Cornmeal Roll	7 Knit Steak/ Whipped Potatoes Mushroom & Onion Gravy Green Beans with Mushrooms Chilled Blueberries Rice Krispy Treat Buttermilk Roll	8 Fillet O' Fish Sandwich / Cheese Tartar Sauce on Bun Shredded Lettuce Cabbage Tomato Pasta Salad Lemon Cream Fruit Salad Cherry Cheesecake	9 Swedish Meatballs/ Sauce New Potatoes Green and Yellow Squash Ambrosia Salad Tuxedo Cake Dinner Roll	10 Turkey Broccoli Divan / Gravy Sweet Potatoes Tossed Salad / Crasins & Dressing Coconut Macaroon Whole Wheat Roll
13 Chef Salad: Ham, Turkey, Cheese Lettuce and Egg Half Ranch Dressing Sour Cream Fruit Salad Cherry Shortcake Orange Roll	14 Macaroni Beef Bake Grated Cheese Peas & Mushrooms Cottage Cheese & Peach Half Cream Cake Oatmeal Roll	15 Chicken with Gravy Stuffing Glazed Carrots Tossed Salad/Radishes/Dressing Fruit Cocktail Cake Dinner Roll	16 Swiss Steak Whipped Potatoes / Gravy Cauliflower Perfection Salad Butterscotch Bar Sesame Roll	17 BBQ Pork Rib <i>Chicken</i> Baked Beans Corn Obrien Pineapple Coleslaw Vanilla Ice Cream Cornbread Muffin / Honey Butter
20 Beef Stroganoff Noodles with Parsley Garden Vegetables Creamy Mandarin Fruit Salad Whole Wheat Roll	21 Turkey Pattie / Cream Gravy Whipped Potatoes Green Beans with Diced Red Peppers Tropical Fruit Salad Oatmeal Pie Cornmeal Roll	22 Breaded Pollock Fillet/Tartar Sauce Au Gratin Potatoes Capri Vegetables Lime Pear Mold Salad Fresh Fruit in Season Ranch Roll	23 Roast Pork / Gravy Whipped Potatoes Buttered Spinach with Lemon Carrot Raisin Salad Peach Bavarian Cream Dinner Roll	24 Baked Chicken / Gravy Yams Buttered Peas Tossed Salad / Dressing Watergate Salad Dinner Roll
27 Pork Chop Supreme Whipped Potatoes Harvard Beets Marinated Bean Salad Lorna Doone Cookies Sliced Orange Garnish Dinner Roll	28 Chicken Salad on A Croissant Potato Salad with Egg Half Celery, Carrot, Olives / Ranch Dip Watermelon Peach Shortcake	29 Ham Loaf Mustard Sauce Confetti Rice Brussel Sprouts Chilled Mandarin Oranges Raspberry Sherbet Ranch Roll	30 Veal Parmesan / Sauce Buttered Fettuccini Italian Vegetables Blueberry Pear Salad Congo Bar Garlic Roll	Weber Senior Nutrition Program 1176 W. 3300 S. Ogden UT 84401 801-773-0860 Milk Offered Daily Menu Subject to Change