

| 00. MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|
| <p>Keep checking with the front desk. We add new things all the time!</p> <p>DECEMBER 2015</p> <p>We will be closed the 25th & 28th</p> | <p>1</p> <p>8:30 Ceramics 10:00 R.A.S.A MEETING 11:30 Lunch 12:15 BINGO BY CHANCE FOR GARDENS</p> | <p>2</p> <p>8:30 Ceramics 9:00 Alzheimer's Respite 9:00 Yoga Floor 10:00 Yoga Chair & Crocheting 11:30 Lunch 12:15 Bridge</p> | <p>3</p> <p>8:30 Blood pressure 9:00 Tai Chi 9:00 Oil Painting & Crocheting 10:00 TEA-TIME</p> | <p>4</p> <p>9:00 Arthritis Exercise class 10:00 Coffee with our friends 11:30 Lunch:</p> |
| <p>7</p> <p>8:30 Lapidary & Silversmith 9:00 Oil Painting 9:00 Cards 12:30 Line dancing 1:00 Card Making 4:00 Out to eat Bunch</p> | <p>8</p> <p>8:30 Ceramics 11:30 Lunch</p> | <p>9</p> <p>8:30 Ceramics 9:00 Alzheimer's Respite 9:00 Yoga Floor 10:00 Yoga Chair & Crocheting 11:30 Lunch ROBIN ARNOLD ON STAGE! 12:15 Bridge 10:00 TEA-TIME (GRAND AMERICA TEA)</p> | <p>10</p> <p>8:30 Blood pressure 9:00 Tai Chi 9:00 Crocheting & Oil Painting 9:00 Oil Painting 10:00 TEA-TIME 11:30 Lunch 12:00 Cards</p> | <p>11</p> <p>9:00 NO CLASS (Arthritis Exercise class) 10:00 Coffee with our friends 11:30 NO LUNCH TODAY</p> <p>3:30 P.M.</p> <p>CHRISTMAS PARTY</p> |
| <p>14</p> <p>8:30 Lapidary & Silversmith 9:00 Oil Painting 9:00 Cards 12:30 Line dancing 1:00 Card Making 4:00 Out to eat Bunch</p> | <p>15</p> <p>8:30 Ceramics 11:30 Lunch</p> <p>CENTER CLOSED EARLY</p> <p>STAFF MEETING</p> | <p>16</p> <p>8:30 Ceramics 9:00 Alzheimer's Respite 9:00 Yoga Floor 10:00 Yoga Chair & Crocheting 11:30 Lunch 12:15 BINGO BY LEGACY HOUSE 12:15 Bridge</p> | <p>17</p> <p>8:30 Blood pressure 9:00 Tai Chi 9:00 Oil Painting & Crocheting 9:30 Attorney (By Appointment) 10:00 TEA-TIME UGI Y KNIT HAT 11:30 Lunch 12:00 Foot Clinic \$10.00 (Kathy) 12:00 Card 10:00-2:30 AARP DRIVERS SAFETY CLASS</p> | <p>18</p> <p>9:00 Arthritis Exercise class 10:00 Coffee with our friends 11:30 Lunch</p> |
| <p>21</p> <p>8:30 Lapidary & Silversmith 9:00 Oil Painting 9:00 Cards 11:30 Lunch 12:30 Line dancing 1:00 Card Making 4:00 Out to eat Bunch</p> | <p>22</p> <p>8:30 Ceramics 11:30 Lunch!</p> | <p>23</p> <p>8:30 Ceramics 9:00 Alzheimer's Respite 9:00 Yoga Floor 10:00 Yoga Chair & Crocheting 11:30 Lunch 12:15 Bridge</p> | <p>24</p> <p>8:30 Blood pressure 9:00 Tai Chi 9:00 Crocheting & Oil Painting 9:00 Oil Painting 10:00 TEA-TIME 11:30 Lunch MILES ON STAGE! 12:00 Cards</p> | <p>25</p> <p>Merry Christmas</p> |
| <p>28</p> <p>WEBER HUMAN SERVICE EMPLOYEES FAMILY & MOVIE DAY CENTER WILL BE CLOSED ALL DAY</p> | <p>29</p> <p>8:30 Ceramics 11:30 Lunch</p> | <p>30</p> <p>8:30 Ceramics 9:00 Alzheimer's Respite 9:00 Yoga Floor 10:00 Yoga Chair & Crocheting 11:30 Lunch STAMPEDE ON STAGE 12:15 BRIDGE & BINGO: BY THATCHER</p> | <p>31</p> <p>8:30 Blood pressure 9:00 Tai Chi 9:00 Crocheting & Oil Painting 9:00 Oil Painting 10:00 TEA-TIME 11:30 Lunch 12:00 Cards</p> | <p>ROY HILLSIDE SENIOR CENTER</p> <p>5051 South 1900 West</p> <p>Roy, Utah 841067</p> <p>801-773-0860</p> |

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|---|---|--|--|---|--|
| <p style="text-align: center;">December</p> <p style="text-align: center;">2015</p> | Macaroni Beef Bake 1 Parmesan Cheese Green Beans with Onions Tossed Salad with Olives and Dressing Chilled Peaches Blueberry Coffee Cake | Chicken Strips 2 Ranch Dip Oven Browned Potatoes Lemon Pepper Brussel Sprouts Sunset Gelatin Salad Oatmeal Raisin Cookie Buttermilk Roll | Market Bean Soup 3 Buttered Broccoli Cottage Cheese with Diced Pears Chocolate Cream Pudding Cornbread/Honey Butter | Surf Burger/ Cheese 4 Tartar Sauce Potato Casserole Glazed Beets Lettuce, Tomato, Pickle Chilled Apricots Bun | |
| | Oven Fried Chicken 7 Cream Gravy Whipped Potatoes Malibu Vegetables Citrus Pear Salad Lorna Doone Cookies Dinner Roll | Teriyaki Beef Cubes 8 Steamed Rice Oriental Vegetables Blueberry Fruited Gelatin Coconut Orange Cupcake Herb Roll | Pulled Pork Sandwich 9 Crispy Cube Potatoes Harvard Beets Carrifruit Salad Chilled Pineapple Cornmeal Roll Bun | Spaghetti with Meat Sauce 10 Parmesan Cheese Buttered Peas Tossed Salad with Spinach & Dressing Orange Wedges Garlic Bread Roll |  CHRISTMAS PARTY 11 |
| | Beef Enchilada 14 Black Beans Spinach with Lemon Shredded Lettuce Diced Tomatoes/Hard Boiled Egg Half Holiday Fruit Cup Cornmeal Roll | San Francisco Pork Chop/Sauce 15 Brown Rice Capri Vegetables Raspberry Fruited Gelatin Iced Peppermint Brownie Whole Wheat Roll | Chicken Broccoli Divan 16 Sweet Potatoes Cottage Cheese with Mandarin Oranges Lush Angel Cake with Topping Dinner Roll | Parmesan Beef Patty 17 Marinara Sauce & Noodles Succotash Pineapple & Apricots with yogurt Dressing Divine Apple Crisp with Topping Dinner Roll | Turkey Meatballs 18 Stuffing/ Gravy Zucchini and Yellow Squash Carrot Raisin Salad Pumpkin Cream Pudding Whole Wheat Roll |
| | Brunswick Stew 21 Whole Potatoes Mexican Bean Salad Tapioca Pudding With Fruit Buttermilk Biscuit Candy Cane | Baked Tilapia / Tartar Sauce 22 Potatoes Romanoff Spinach with Lemon Wedge Asian Coleslaw Pineapple Upside Down Cake Cornmeal Roll | Chicken Cutlet Cream Gravy 23 Whipped Potatoes Harvard Beets Marshmallow Fruit Salad Lemon Mousse Sweet Potato Roll | Baked Ham with Mustard Sauce 24 Scalloped Potatoes Creamed Peas with Pearl Onions Orange Gelatin White Chocolate Gingerbread Blondies Dinner Roll |  25 |
| | 28 WEBER HUMANSERVICE EMPLOYEES FAMILY & MOVIE DAY CENTER WILL BE CLOSED (1 DAY) | Paprika Baked Chicken 29 Parsley Rice/ Gravy Green Beans Yogurt Fruit Salad Holiday Sugar Cookie Carrot Raisin Muffin | Hamburger Soup 30 Whole Potatoes Mixed Vegetables Pear & Cranberry Salad Chocolate Chip Cookie Sweet Potato Roll | Roast Beef/Mushroom Onion Gravy 31 Whipped Potatoes Garden Vegetables Apple Raisin Celery Salad Cheese Cake Whole Wheat Roll | Weber Senior Nutrition Program 1176 W 3300 S Ogden, UT 84401 801-399-8392 Milk Offered Daily Menu Subject To Change |